

Adult Intermediate Ballet

Class Description

Dancers will be challenged with intermediate barre work with emphasis on clean foot work and strengthening of the dancers core muscles along with proper arm and head placement. Center floor will consist of adagio, multiple turn combinations, petite allegro and challenging traveling combinations.

Prerequisite

Advanced beginner ballet

Age

Not applicable

Attire

Any sort of leotard and tights.

Shoes

Pink leather ballet slippers

Hair

Must be tied back

Other

See suggested locations for purchasing dancewear