

Adult Lyrical

Class Description

A combination of jazz and modern dance styles with fluid movements. Dancers will be challenged with an invigorating warm up followed by center work, traveling exercises and combinations all set to contemporary music.

Prerequisite

None

Age

Not applicable

Attire

Any sort of leotard and tights .

Shoes

Dancer's preference

Hair

Must be tied back

Other

See suggested locations for purchasing dancewear