

# Pointe

## **Class Description**

Intricate barre, center and traveling exercises will challenge the dancer while working on strengthening the core and center of balance. Musicality, phrasing and performance techniques are introduced at this level.

## **Prerequisite**

Dancer has mastered pre-pointe or by permission of the instructor.

## **Age**

Class placement by ability.

## **Attire**

Black leotard (any sleeve length with no skirt attached)  
Pink footed or convertible dance tights

## **Shoes**

Dancer's preference

## **Hair**

Must be tied back

## **Other**

See suggested locations for purchasing dancewear